

PTSD setting in for victims hit by Sandy

Trauma. One-third of adults hit by the storm are still suffering months later. **Coping.** A new city program offers advice, group therapy and professional referrals for those in need of help. **Kids.** Children may be especially affected by their experiences during the hurricane, doctors say. PAGE 02



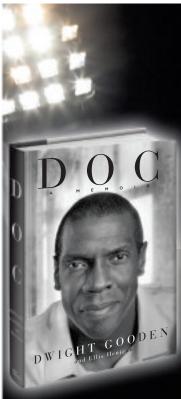
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Employment

City job fairs will be held next week

Job fairs are being held in all five boroughs on Thursday and June 13 through a partnership between Gov. Andrew Cuomo and 188 employers in the city.

"Creating jobs for New Yorkers remains our top priority, and these job fairs are a great platform for us to connect job seekers with employers in the New York City area," said Cuomo.

The career fairs will offer more than 5,000 jobs to local residents. Attendees will also be able to flow out about employment workshops.

Ejected

Yeshiva students kicked off plane

About 100 Brooklyn yeshiva students are accusing AirTran of religious bias after they were booted off a plane at LaGuardia Airport.

Flight attendants and eventually the captain reportedly lost patience with the students for ignoring repeated requests to sit down and turn off their cell phones.

The flight to Atlanta was delayed for 45 minutes as the students were asked to exit the plane and placed on other flights.

EMILY JOHNSON

Camera time?

Cops may wear cameras

The stop-and-frisk trial judge, Shira Scheindlin, is reportedly "intrigued" by the idea of cops wearing cameras to film exchanges between officers and citizens who accuse the NYPD of mistreatment.

BREANNA BISHOP





Victims of Sandy still struggling

Suffering. Health officials say emotional recovery from the trauma of the storm can take years.

Seven months after Hurricane Sandy destroyed the first floor of her Hamilton Beach home, Jean Ferrara-Rodriquez is still rebuilding her life.

The downstairs plumbing needs work, mold in the hallway has to be retreated and she's still waiting for some FEMA checks.

"You worry about one thing and another comes up," said Ferrara-Rodriquez.

Ferrara-Rodriquez, 51, is not alone. The health department said nearly one-third of adults living in the areas hardest-hit by Sandy reported experiencing psychological distress six weeks after the storm.

"When property is destroyed or lost and you cannot get back to your normal environment, it takes much longer to recover from trauma because people have to adjust," said Paula Ma-

drid, a psychologist with the National Center for Disaster Preparedness at Columbia University.

The city health department is urging storm victims to call a helpline in a summer campaign advertising free crisis counseling services through Project Hope, a state initiative funded by FEMA.

Ferrara-Rodriquez has been attending Project Hope group sessions at the Howard Beach Senior Center since April. She draws comfort from meetings with other storm victims.

"You got to be in it to really know what it's like," she said.

New Yorkers exhibited psychological reactions to the storm in roughly

Support

"I've been trying to go religiously. They give you tips to cope. Some things they tell you, you already know, but it's nice to hear it."

Jean Ferrara-Rodriquez

"Even though many have bounced back, there's still a lot of people who are suffering from this traumatic event."

Tamar Renaud Director, Project Hope

Help

Health officials hope Sandy victims in emotional turmoil will take advantage of Project Hope's services.

- Since November, hundreds of counselors with Project Hope have already helped 108,000 New Yorkers, going door-to-door in stormravaged neighborhoods.
- Counselors advise victims individually or in group sessions on how to deal with any anxiety they might feel and, if necessary, give them referrals for professional help.
- If you or someone you know feels overwhelmed after Hurricane Sandy, please call 1-800-LIFENET.

half of Project Hope crisis counseling sessions since November, according to the health department. Most felt sad, tearful, anxious, fearful, irritable

or angry.
Children are especially vulnerable to these symptoms, Madrid said.

"There are a lot of children who are fearful about the summer — these children haven't had any of these fears before Sandy," Madrid said, noting the increase in storms during hotter months.

Though Ferrara-Rodriquez's daughter Jean Marie, 13, doesn't appear to be afraid of future hurricanes, she was stranded with her mother for several hours at a flooded motel when the storm hit last October.

Such traumatic experiences have a greater impact on children and the stress can manifest in different ways, Madrid said.

But recovery — for both adults and children — after a disaster like Sandy can take years.

"Recovery only begins when people feel they are safe," she said.

ANNA SANDERS